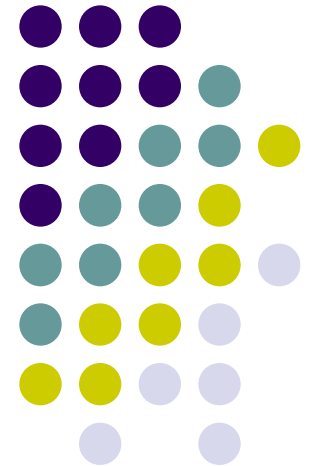


ESA Therapy



Hussein Sheashaa, MD, FACP

Professor of Nephrology, Urology and Nephrology Center and Director of Medical E-Learning Unit, Mansoura University and Executive Director of ESNT-Virtual Academy: <http://lms.mans.edu.eg/esnt/>



Mansoura, MNDU, 12.11.2015



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Debarwana Nephrology Group





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مركز أمراض الكلى والمغذيه



Key Points



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- Introduction
- ESA Types
- ESA route
- Cost
- Hemoglobin target
- ESA and CKD progression

Anemia Management: Cohort (951 ND-CKD2-5)



Original Article

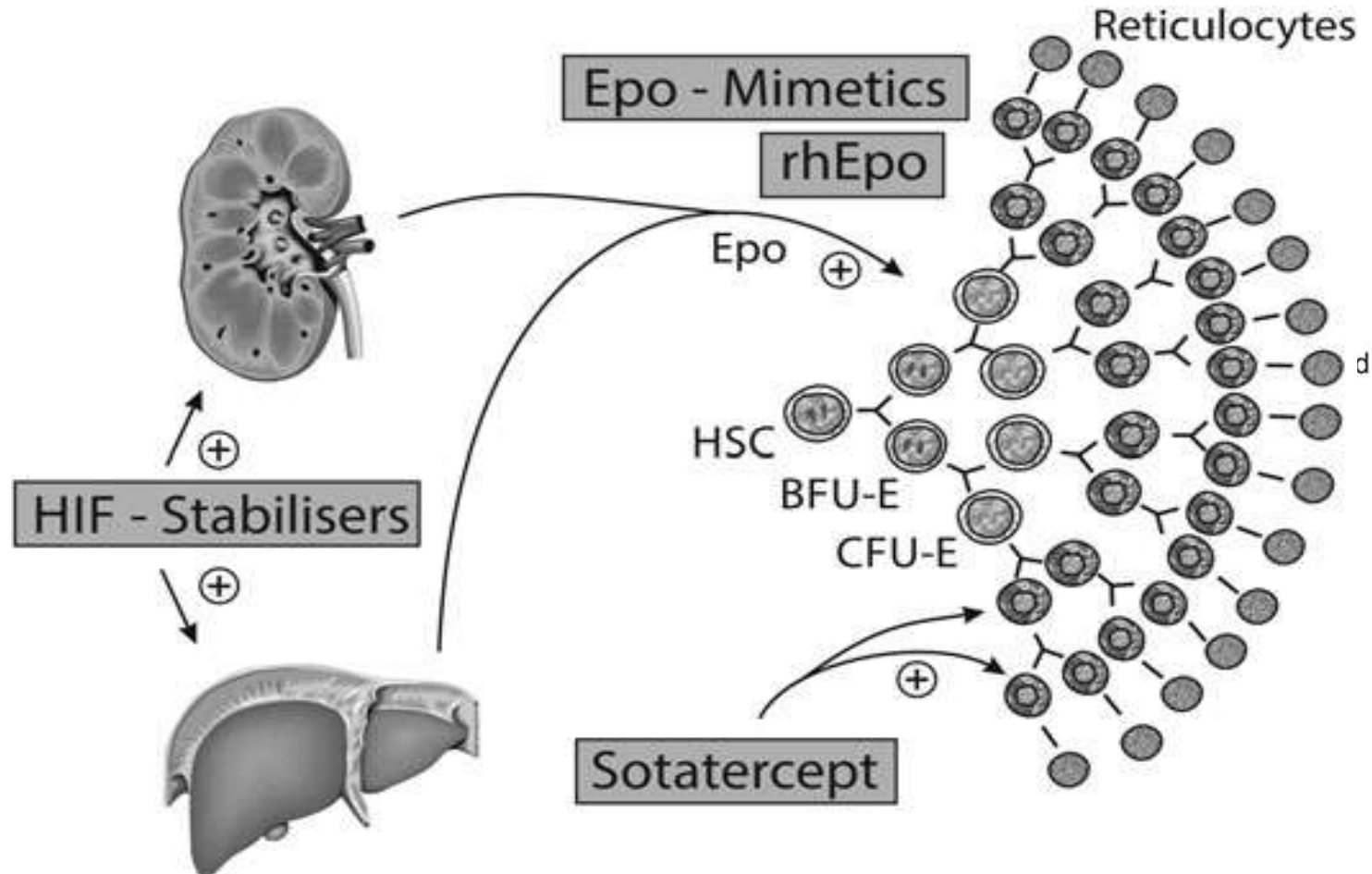
Anaemia management and mortality risk in newly visiting patients with chronic kidney disease in Japan: The CKD-ROUTE study

SOICHIRO IIMORI,¹ SHOTARO NAITO,¹ YUMI NODA,² HIDENORI NISHIDA,³ HIROMI KIHARA,⁴ NAOFUMI YUI,¹ TOMOKAZU OKADO,¹ SEI SASAKI,¹ SHINICHI UCHIDA¹ and TATEMITSU RAI¹

¹Department of Nephrology, Tokyo Medical and Dental University, ²Department of Nephrology, Nakano General Hospital, ⁴Department of Nephrology, Tokyo Metropolitan Tama Medical Center, Tokyo, and ³Department of Nephrology, Hiratsuka Kyosai Hospital, Kanagawa, Japan

Nephrology 20 (2015) 601–608

Current ESAs



New Strategies: Stimulate Erythropoiesis

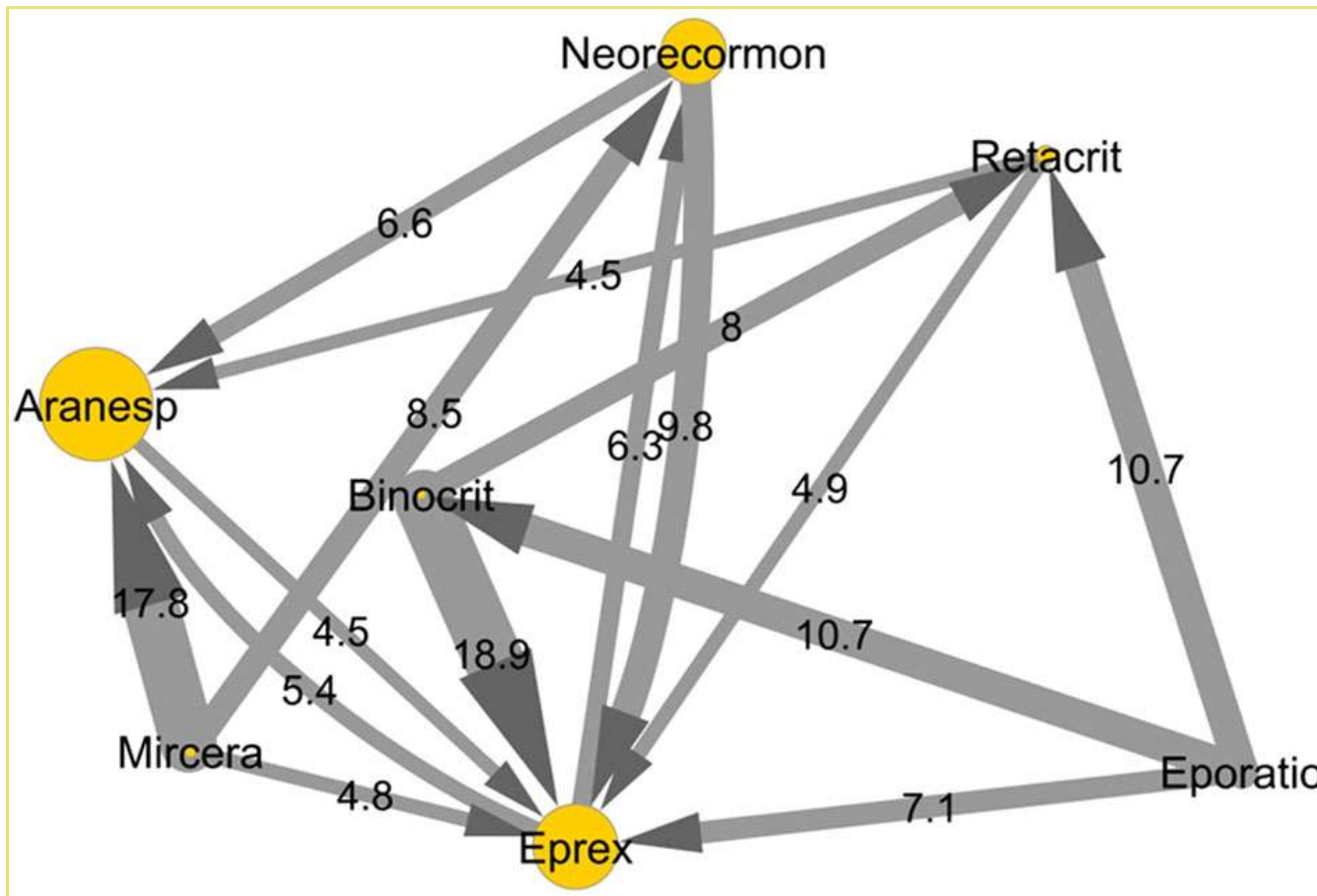
Not Directly Targeting the EPO

- HIF stabilizers
 - FG-4592 (Roxadustat)
 - AKB-6548
 - GSK1278863
 - BAY 85-3934 (Molidustat)
 - JTZ-951
 - DS-1093a
- Activin traps
 - Sotatercept (ACE-011)
 - Luspatercept (ACE-536)
 - LY2157299

Targeting the EPO Receptor

- EPO mimetic peptides
 - Centocor molecules: CNTO 528, CNTO 530, CNTO 531
 - Aplagen GmbH: AGEM400(HES)
 - Peginesatide^a
- EPO fusion proteins
 - EPO-EPO dimers
 - EPO-CPT
 - EPO-(CPT)₃
 - Albumin-EPO
 - EPO-hyFc (Genexine GX-E2)
- Antibody agonists to EPO receptor
 - Mouse monoclonal IgG
 - Ab12 molecule
 - Ab12.6 (Abbott Laboratories ABT-007) molecule
- EPO gene therapy (TARGET EPO)
- Dimerization of EPO receptor intracellular domain with a CID

ESA Therapy: Switch



ESA Therapy:

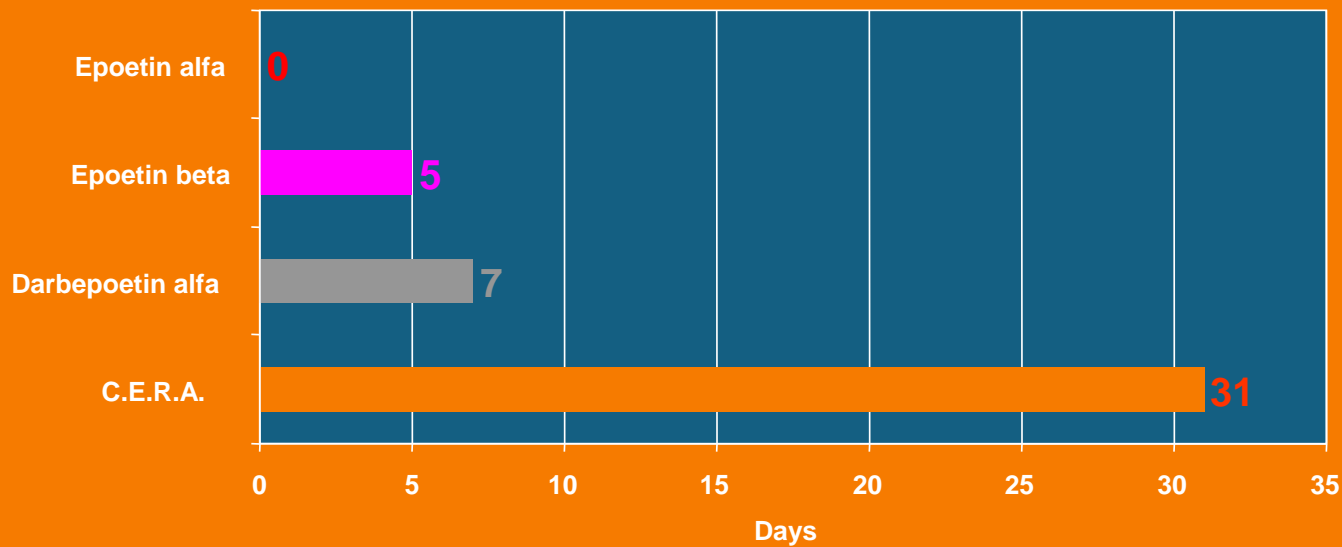
Refrigeration



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Room Temperature Shelf Life



ESA Initiation



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Agent	Recommended Dose
Epoetin	50-100 units/kg administered either IV or SC, 3 times per week

Prof. Sobh Courtesy

Conversion Among ESA

**Estimated Aranesp Starting Doses (mcg/week) for Patients With CKD on Dialysis
Based on Previous Epoetin alfa Dose (Units/week)**

Previous Weekly Epoetin alfa Dose (Units/week)	Aranesp Dose (mcg/week)	
	Adult	Pediatric
< 1,500	6.25	*
1,500 to 2,499	6.25	6.25
2,500 to 4,999	12.5	10
5,000 to 10,999	25	20
11,000 to 17,999	40	40
18,000 to 33,999	60	60
34,000 to 89,999	100	100
≥ 90,000	200	200

*For pediatric patients receiving a weekly epoetin alfa dose of < 1,500 Units/week, the available data are insufficient to determine an Aranesp conversion dose.

MIRCERA dose when converting from another ESA

Previous Weekly Darbepoetin Alfa Dose (µg/week)	Previous Weekly Epoetin Dose (Units/week)	MIRCERA Starting Dose (µg/month)
< 40	< 8000	120
40-80	8000-16000	200
> 80	> 16000	360

ESA Therapy:

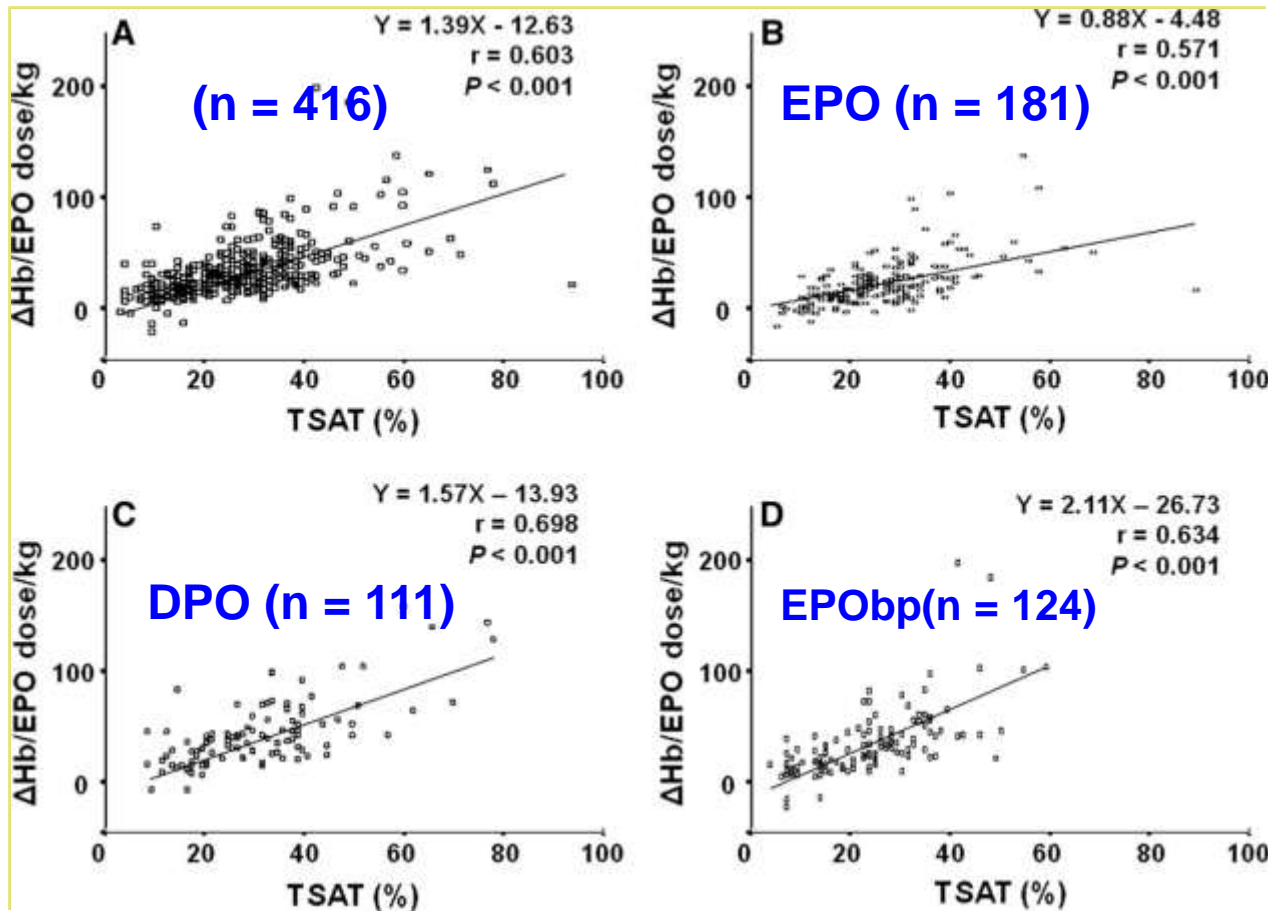
Suggested Contraindications

Suggested contraindications for the use of rHuEPO.

1. Previous history of thrombotic vascular event (in past 6 months) (MI/CVA/TIA/DVT/PE)
 2. Previous history of seizure
 3. Uncontrolled hypertension (SBP > 160 mmHg, DBP > 90 mmHg)
 4. Risk factors predisposing to pre-op DVT (e.g. immobility, fractured joint)
 5. Hypercoagulable disease states (e.g. positive Lupus anticoagulant)
 6. Cancer Diagnosis/Treatment (in past 3 years). Not an absolute exclusion, consider each patient individually. If proceed, close monitoring and Hb not to exceed 135 g/l
-

Transfusion and Apheresis Science 50 (2014) 16–19

ESA Response: Predictors of Response



Which ESA Therapy?

56 Studies, 15.596 Patients

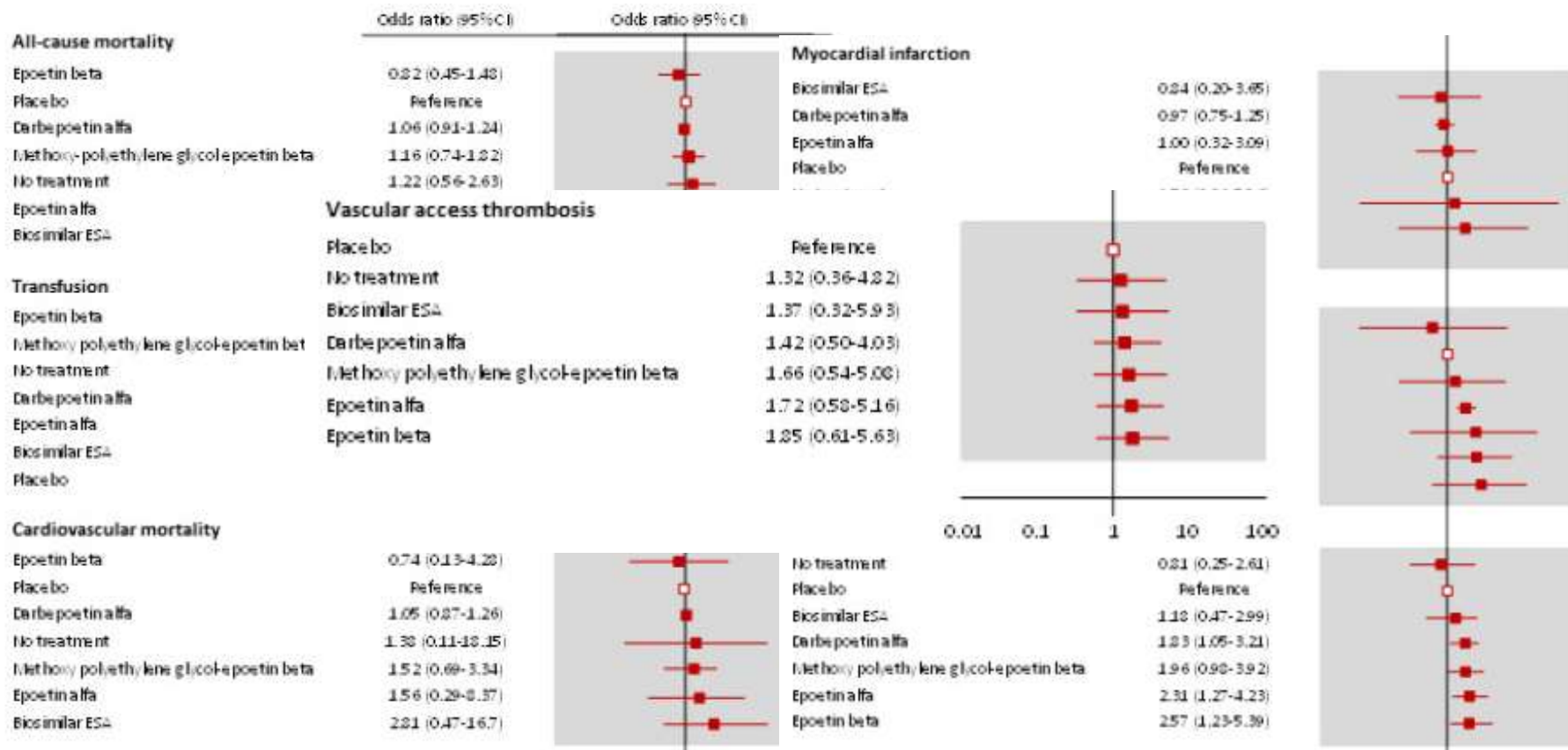
[Intervention Review]

Erythropoiesis-stimulating agents for anaemia in adults with chronic kidney disease: a network meta-analysis

Suetonia C Palmer¹, Valeria Saglimbene², Dimitris Mavridis^{3,4}, Georgia Salanti⁵, Jonathan C Craig^{6,7}, Marcello Tonelli^{8,9}, Natasha Wiebe¹⁰, Giovanni FM Strippoli^{6,7,11,12,13,14}

¹Department of Medicine, University of Otago Christchurch, Christchurch, New Zealand. ²Clinical Pharmacology and Epidemiology, Mario Negri Sud Consortium, Santa Maria Imbaro, Italy. ³Department of Hygiene and Epidemiology, School of Medicine, University of Ioannina, Ioannina, Greece. ⁴Department of Primary Education, University of Ioannina, Ioannina, Greece. ⁵Department of Hygiene and Epidemiology, University of Ioannina School of Medicine, Ioannina, Greece. ⁶Sydney School of Public Health, The University of Sydney, Sydney, Australia. ⁷Cochrane Renal Group, Centre for Kidney Research, The Children's Hospital at Westmead, Westmead, Australia. ⁸Department of Medicine, University of Calgary, Calgary, Canada. ⁹Cumming School of Medicine, University of Calgary, Calgary, Canada. ¹⁰Department of Medicine, University of Alberta, Edmonton, Canada. ¹¹Department of Emergency and Organ Transplantation, University of Bari, Bari, Italy. ¹²Department of Clinical Pharmacology and Epidemiology, Mario Negri Sud Consortium, Santa Maria Imbaro, Italy. ¹³Medical-Scientific Office, Diaverum, Lund, Sweden. ¹⁴Division of Nephrology and Transplantation, Department of Translational Medicine, Amedeo Avogadro University of Eastern Piedmont, Novara, Italy

Which ESA Therapy?



Hemoglobin Variability: Effect of Different ESA

BJCP

British Journal of
Clinical Pharmacology



BRITISH
PHARMACOLOGICAL
SOCIETY

Meta analysis

Between-subjects hemoglobin variability is not associated with the erythropoiesis-stimulating agent used to treat anemia in dialysis: a meta-analysis

(n 4,983)

ESA Route: Outcome



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Route of Administration	
Intravenous (<i>n</i> =57,602)	Subcutaneous (<i>n</i> =5108)

CJASN ePress. Published on September 10, 2015 as doi: 10.2215/CJN.01590215

Article

Association of Erythropoietin Dose and Route of Administration with Clinical Outcomes for Patients on Hemodialysis in the United States

Daniel G. Wright,* Elizabeth C. Wright,[†] Andrew S. Narva,[‡] Constance T. Noguchi,* and Paul W. Eggers[‡]

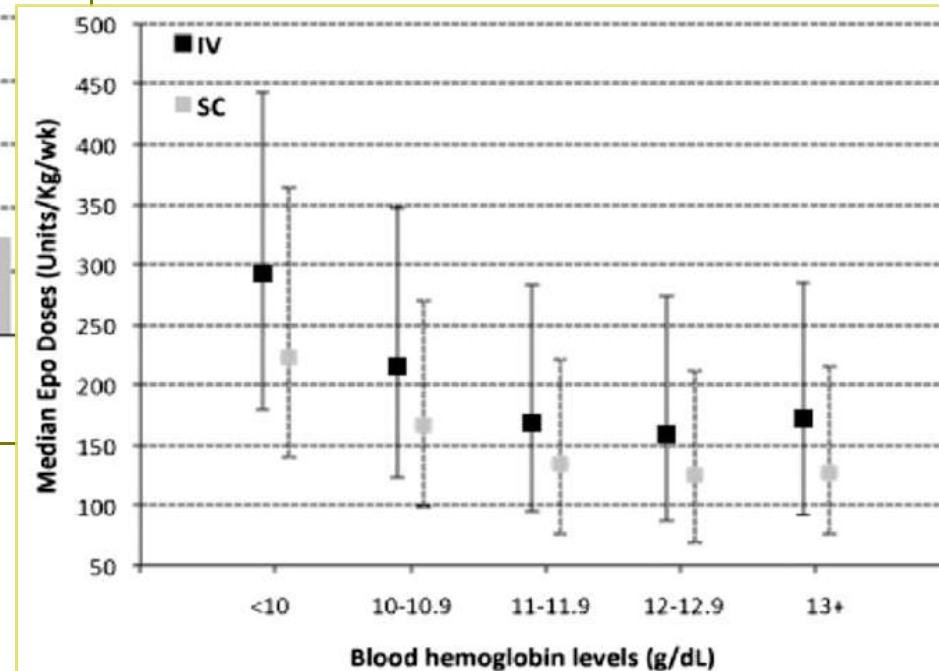
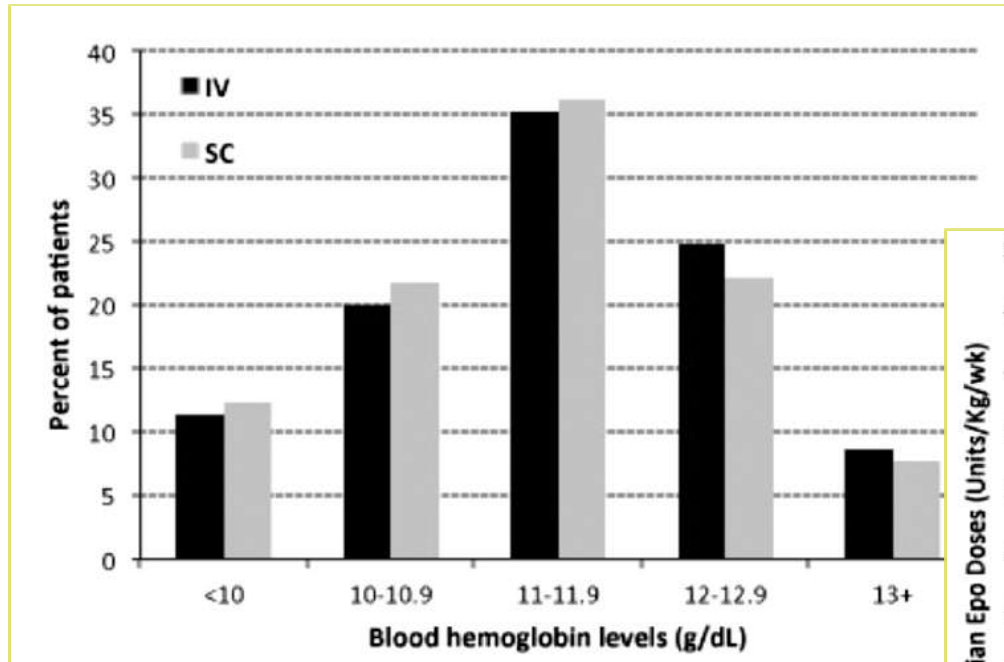
ESA Route: Outcome



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Clin J Am Society of Nephrology 2015, in Press

ESA Route: Outcome



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Demographic and Clinical Variables of Study Patients	12-mo Composite Events AHR (95% CI) ^d	24-mo Composite Events AHR (95% CI) ^d
All subjects		
Intravenous versus subcutaneous epoetin	1.11 (1.04 to 1.18)	1.09 (1.04 to 1.14)
Men versus women	1.03 (1.00 to 1.07)	1.03 (1.01 to 1.06)
Black versus nonblack race	0.85 (0.82 to 0.88)	0.86 (0.83 to 0.88)
Hispanic versus non-Hispanic	0.91 (0.86 to 0.95)	0.89 (0.85 to 0.92)
Age, yr ^a	1.03 (1.02 to 1.03)	1.03 (1.03 to 1.03)
Dialysis vintage, yr ^b	1.01 (1.00 to 1.01)	1.01 (1.00 to 1.01)
Diabetes mellitus as the cause of ESRD	1.21 (1.18 to 1.25)	1.26 (1.22 to 1.29)
Previous AMI, CHF, or stroke	1.89 (1.83 to 1.96)	1.78 (1.73 to 1.82)
BMI ≥ 25 versus < 25	0.82 (0.79 to 0.84)	0.85 (0.82 to 0.87)
Hemoglobin ≤ 11.5 g/dl	1.21 (1.18 to 1.25)	1.17 (1.14 to 1.20)
Serum albumin ≥ 3.5/3.2 g/dl ^c	0.65 (0.63 to 0.67)	0.69 (0.67 to 0.71)
Epoetin dose 150–299 versus < 150 units/kg per week	1.18 (1.14 to 1.23)	1.15 (1.12 to 1.19)
Epoetin dose ≥ 300 versus < 150 units/kg per week	1.51 (1.46 to 1.57)	1.44 (1.40 to 1.49)
Facility: nonprofit	0.93 (0.89 to 0.98)	0.93 (0.89 to 0.96)
Facility: hospital based	0.87 (0.82 to 0.92)	0.87 (0.83 to 0.92)
Facility: chain affiliated	1.04 (1.00 to 1.07)	0.99 (0.96 to 1.02)
Facility: < 20 stations	1.00 (0.97 to 1.03)	1.01 (0.98 to 1.03)
AHR for intravenous versus subcutaneous epoetin by dose level		
Intravenous versus subcutaneous (< 150 units/kg per week)	1.12 (1.02 to 1.22)	1.11 (1.03 to 1.19)
Intravenous versus subcutaneous (150–299 units/kg per week)	1.13 (1.01 to 1.25)	1.09 (1.00 to 1.18)
Intravenous versus subcutaneous (≥ 300 units/kg per week)	1.06 (0.94 to 1.20)	1.04 (0.94 to 1.15)
AHR for intravenous versus subcutaneous epoetin by hemoglobin level		
Intravenous versus subcutaneous (hemoglobin ≤ 11.5 g/dl)	1.08 (1.00 to 1.17)	1.06 (1.00 to 1.13)
Intravenous versus subcutaneous (hemoglobin > 11.5 g/dl)	1.15 (1.05 to 1.26)	1.12 (1.05 to 1.20)

Clin J Am Society of Nephrology 2015, in Press

ESA Dose and Outcome: n 1086 HD patients

Association between hemoglobin variability, serum ferritin levels, and adverse events/mortality in maintenance hemodialysis patients

Takahiro Kuragano¹, Osamu Matsumura², Akihiko Matsuda³, Taiga Hara⁴, Hideyasu Kiyomoto⁵, Toshiaki Murata⁶, Kenichiro Kitamura⁷, Shouichi Fujimoto⁸, Hiroki Hase⁹, Nobuhiko Joki⁹, Atushi Fukatsu¹⁰, Toru Inoue¹¹, Ikuhiro Itakura¹² and Takeshi Nakanishi¹

Event	Dose of ESA	Hazard ratio (95% CI)	P-value
	Low dose	1	
Cerebro-cardio-vascular disease	High dose	1.59 (0.88–2.85)	0.122
Infectious disease	High dose	1.48 (1.08–2.02)	0.015
Hospitalization	High dose	1.8 (1.33–2.43)	<0.001
Death	High dose	1.71 (0.48–6.07)	0.407
All events	High dose	1.48 (1.17–1.87)	0.001

0.01 0.1 1 10 100

Kidney International (2014) 86, 845–854

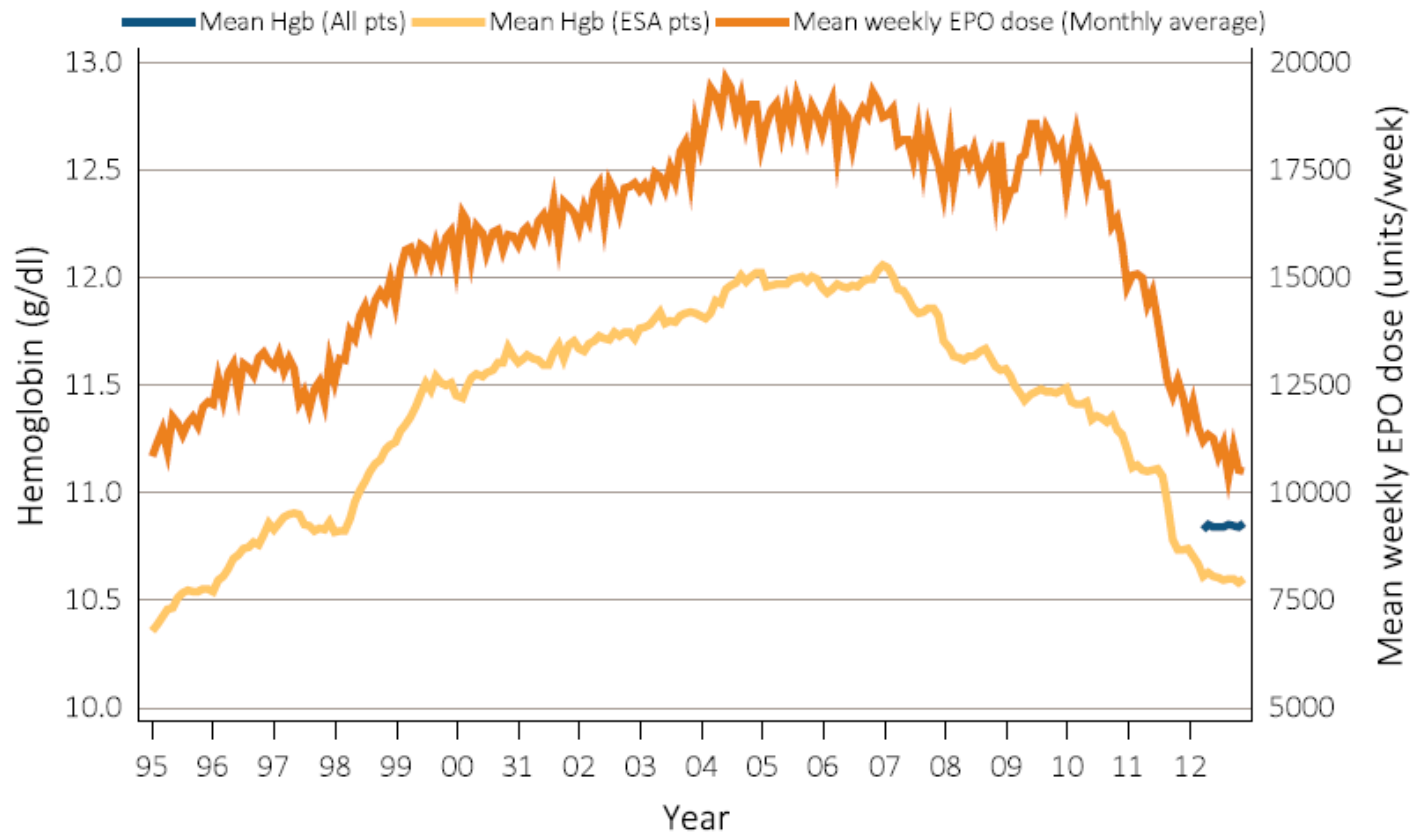


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Hemoglobin Target

Anemia Management: USA



2014 USRDS

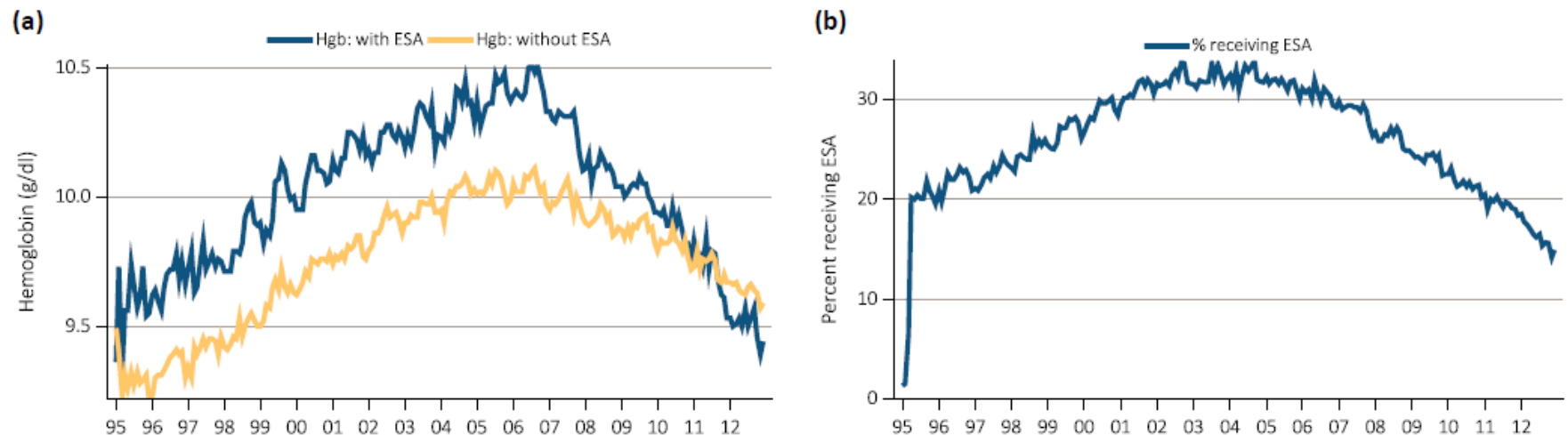
Anemia Management: USA (Pre-ESRD)



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vol 2 Figure 1.21 Trend in (a) Hgb levels and (b) the percentage of patients who received pre-ESRD erythropoiesis-stimulating agent (ESA) treatment, among incident ESRD patients, 1995-2012



Data Source: Special analyses, USRDS ESRD Database. Abbreviations: ESA, erythropoiesis-stimulating agents; ESRD, end-stage renal disease.

Anemia Management:

Hemoglobin Target



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Anemia Management:

ESA if Hb<11 in ND or <10 in DP



Clinical Practice: Second Opinion

nephron
Clinical
Practice

Nephron
DOI: 10.1159/000440849

Received: May 9, 2015
Accepted: September 1, 2015
Published online: September 19, 2015

How the Target Hemoglobin of Renal Anemia Should Be?

Imari Mimura Tetsuhiro Tanaka Masaomi Nangaku

Division of Nephrology and Endocrinology, The University of Tokyo, Tokyo, Japan



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Center



How to Reduce The Cost

ESA Therapy: How to Reduce The Cost

Original Paper

nephron
**Clinical
Practice**

Nephron Clin Pract 2005;99:c102–c106
DOI: 10.1159/000083891

Received: April 6, 2004
Accepted: November 18, 2004
Published online: February 8, 2005

Use of Nandrolone Decanoate as an Adjuvant for Erythropoietin Dose Reduction in Treating Anemia in Patients on Hemodialysis

A Prospective Randomized Controlled Study

Hussein Sheashaa^a Waleed Abdel-Razek^a Amr El-Husseini^a Amal Selim^b
Nabil Hassan^a Tarek Abbas^a Hassan El-Askalani^c Mohamed Sobh^a

^aNephrology Unit, Urology and Nephrology Center; ^bMedical Biochemistry Department, and ^cInternal Medicine Department, Mansoura University, Mansoura, Egypt

ESA Therapy: How to Reduce The Cost

Original Paper

nephron
**Clinical
Practice**

Nephron Clin Pract 2005;99:c97–c101
DOI: 10.1159/000083766

Received: January 9, 2004
Accepted: May 26, 2004
Published online: February 3, 2005

Parenteral Iron Therapy in Treatment of Anemia in End-Stage Renal Disease Patients: A Comparative Study between Iron Saccharate and Gluconate

Hussein Sheashaa Amr El-Husseini Alaa Sabry Nabil Hassan
Ayman Salem Abdalla Khalil Amgad El-Agroudy Mohamed Sobh

Nephrology Unit, Urology and Nephrology Center, Mansoura University, Mansoura, Egypt

ESA Therapy: How to Reduce The Cost

RCT 411 (FC: Active control)
Saving 2101 USD/P/Y

Drugs R D (2015) 15:271–279
DOI 10.1007/s40268-015-0103-y



ORIGINAL RESEARCH ARTICLE

Ferric Citrate, an Iron-Based Phosphate Binder, Reduces Health Care Costs in Patients on Dialysis Based on Randomized Clinical Trial Data

Roger A. Rodby^{1,6} • Kausik Umanath² • Robert Niecestro³ • T. Christopher Bond⁴ •
Mohammed Sika⁵ • Julia Lewis⁵ • Jamie P. Dwyer⁵ • For the Collaborative Study Group

Published online: 4 August 2015

ESA Therapy: How to Reduce The Cost

RCT-DB, n 103 HD patients

<http://www.kidney-international.org>

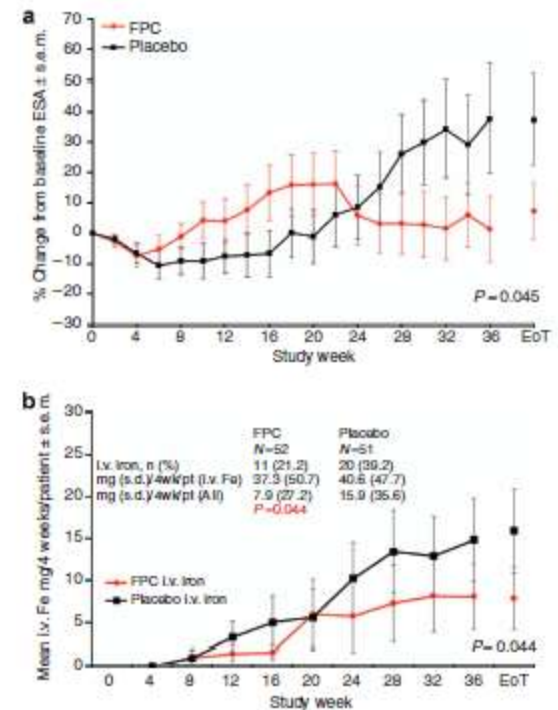
© 2015 International Society of Nephrology

OPEN

**Ferric pyrophosphate citrate adminis
dialysate reduces erythropoiesis-stim
use and maintains hemoglobin in he
patients**

Ajay Gupta^{1,2}, Vivian Lin², Carrie Guss², Raymond Pratt², T. Alp Ikizler³ and

¹Division of Nephrology, University of California, Irvine, California, USA; ²Rockwell Medical, Wi.
³Department of Medicine, Division of Nephrology and Hypertension, Vanderbilt University, Na:
of Nephrology, Department of Medicine, Stanford University, Palo Alto, California, USA and ⁵L
California, USA



Kidney International advance online publication, 8 July 2015;

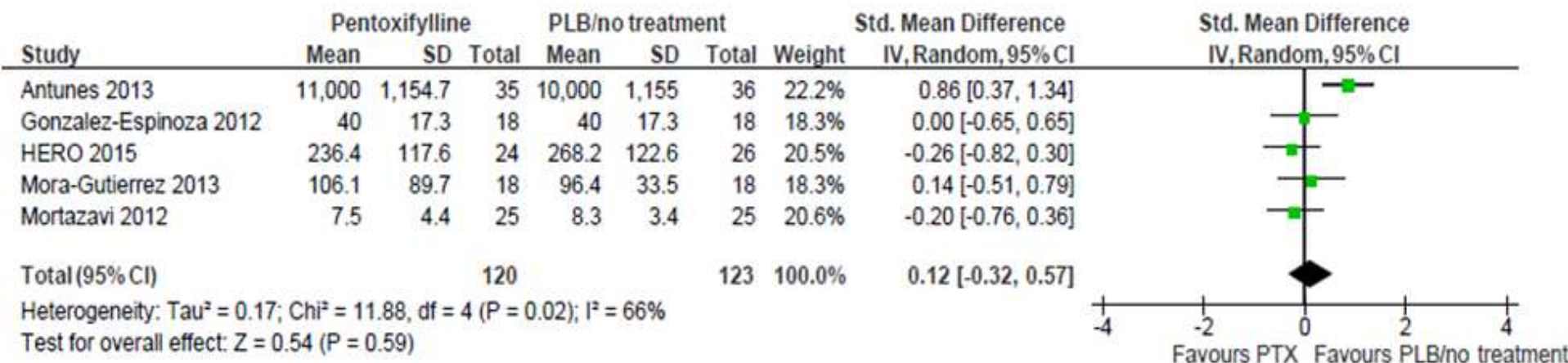
Pentoxifylline:

11 studies/ 377 Patients

RESEARCH ARTICLE

Pentoxifylline for Anemia in Chronic Kidney Disease: A Systematic Review and Meta-Analysis

ESAs dosage





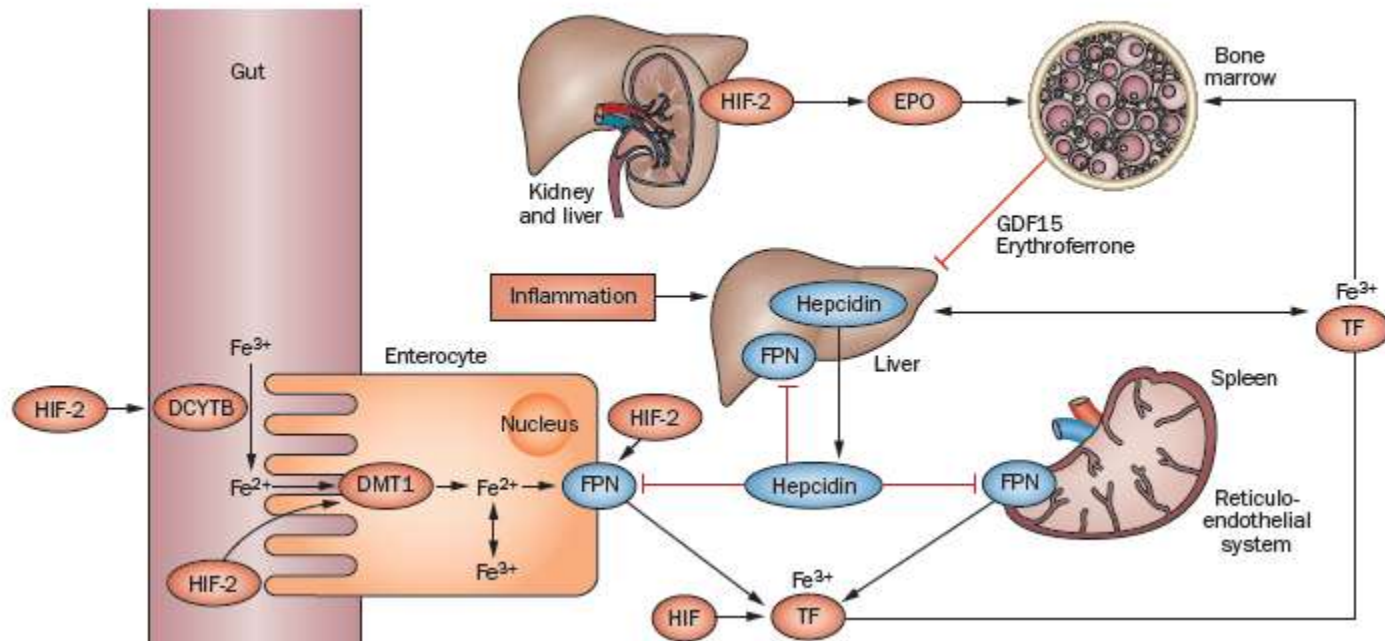
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Center



Dialysis Nephrology Group
وحدة أمراض الكلى والمغذيات

ESA Therapy and Hypoxia

Anemia Control: Effect of Hypoxia



Nat. Rev. Nephrol. 11, 394–410 (2015); published online 9 June 2015

Anemia Control: Effect of Hypoxia

Hypoxia-Inducible Factor Stabilizers Under Clinical Development

Drug	Company	Stage of Clinical Development
FG-4592 (Roxadustat)	Fibrogen ^a	Phase 2 studies completed (NDD CKD, HD, PD); phase 3 studies ongoing (NDD CKD, HD, PD)
AKB-6548	Akebia Therapeutics	Phase 2 studies completed (NDD CKD) or ongoing but not recruiting (HD)
GSK1278863	Glaxo Smith Kline	Phase 2a studies completed (NDD-CKD, HD); phase 2b studies ongoing, but not recruiting (NDD CKD)
BAY 85-3934 (Molidustat)	Bayer Pharmaceuticals	Phase 2b studies ongoing (NDD CKD, HD)
JTZ-951	Akros Pharmaceuticals	Phase 1 study completed (HD)
DS-1093a	Daiichi Sankyo	Phase 1 study ongoing (CKD 3b-4)

Abbreviations: CKD, chronic kidney disease; HD, hemodialysis; NDD, non-dialysis-dependent; PD, peritoneal dialysis.

^aCollaboration with Astra Zeneca in the United States and China and with Astellas Pharma for Europe, Japan, the Middle East, and South Africa.

Anemia Control: Effect of Hypoxia



Urology and Nephrology
Center



96/116 p ND-CKD, FG-4592/placebo (3:1)

NDT Advance Access published August 20, 2015

Nephrol Dial Transplant (2015) 0: 1–9
doi: 10.1093/ndt/gfv302



FASTTRACK Original Article

Randomized placebo-controlled dose-ranging and pharmacodynamics study of roxadustat (FG-4592) to treat anemia in nondialysis-dependent chronic kidney disease (NDD-CKD) patients

Anatole Besarab¹, Robert Provenzano², Joachim Hertel³, Raja Zabaneh⁴, Stephen J. Klaus¹, Tyson Lee¹, Robert Leong¹, Stefan Hemmerich¹, Kin-Hung Peony Yu¹ and Thomas B. Neff¹

¹FibroGen, Inc., San Francisco, CA, USA, ²St Clair Specialty Physicians, Detroit, MI, USA, ³Kidney Care Associates, LLC, Augusta, GA, USA and ⁴Northwest Louisiana Nephrology, Shreveport, LA, USA

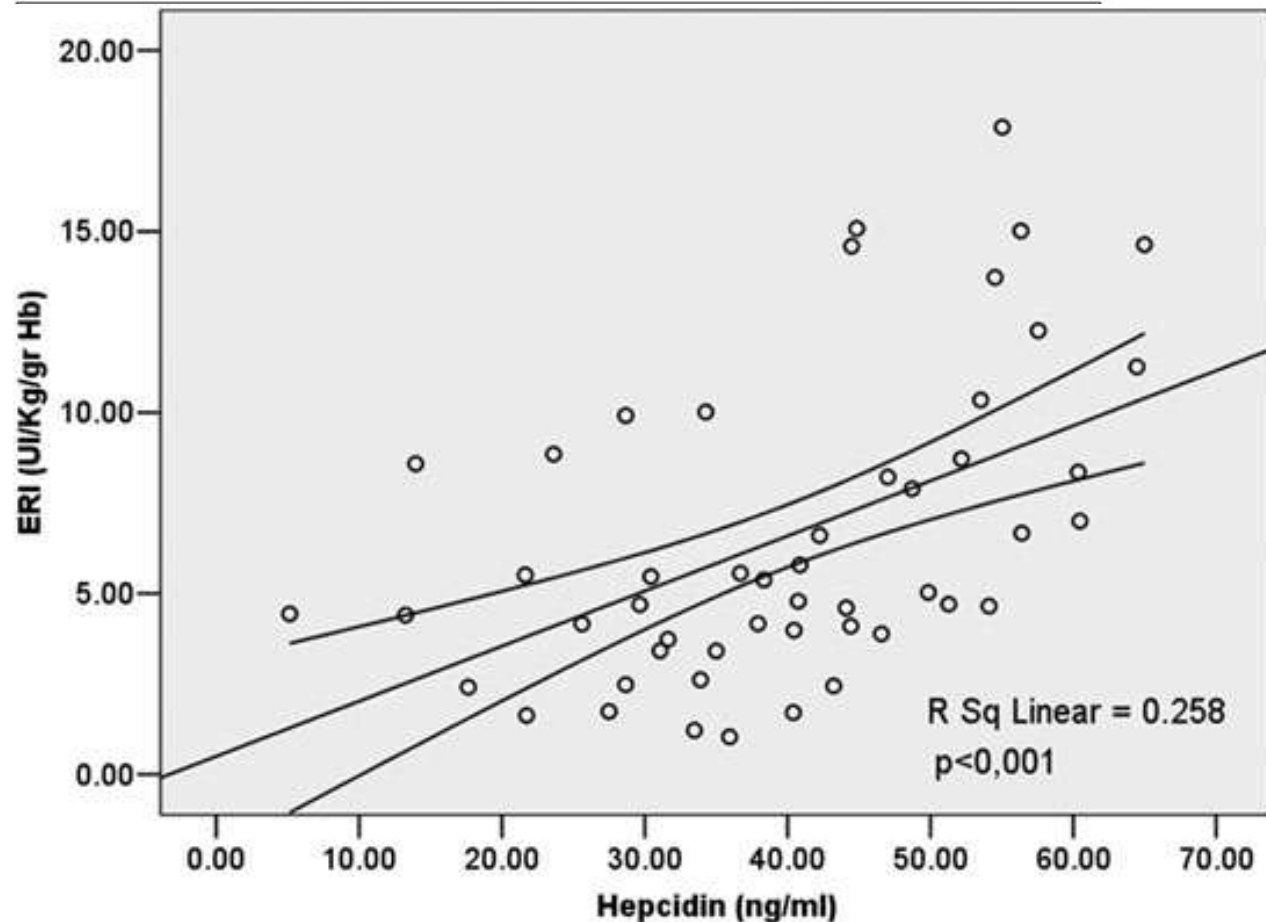


Urology and Nephrology
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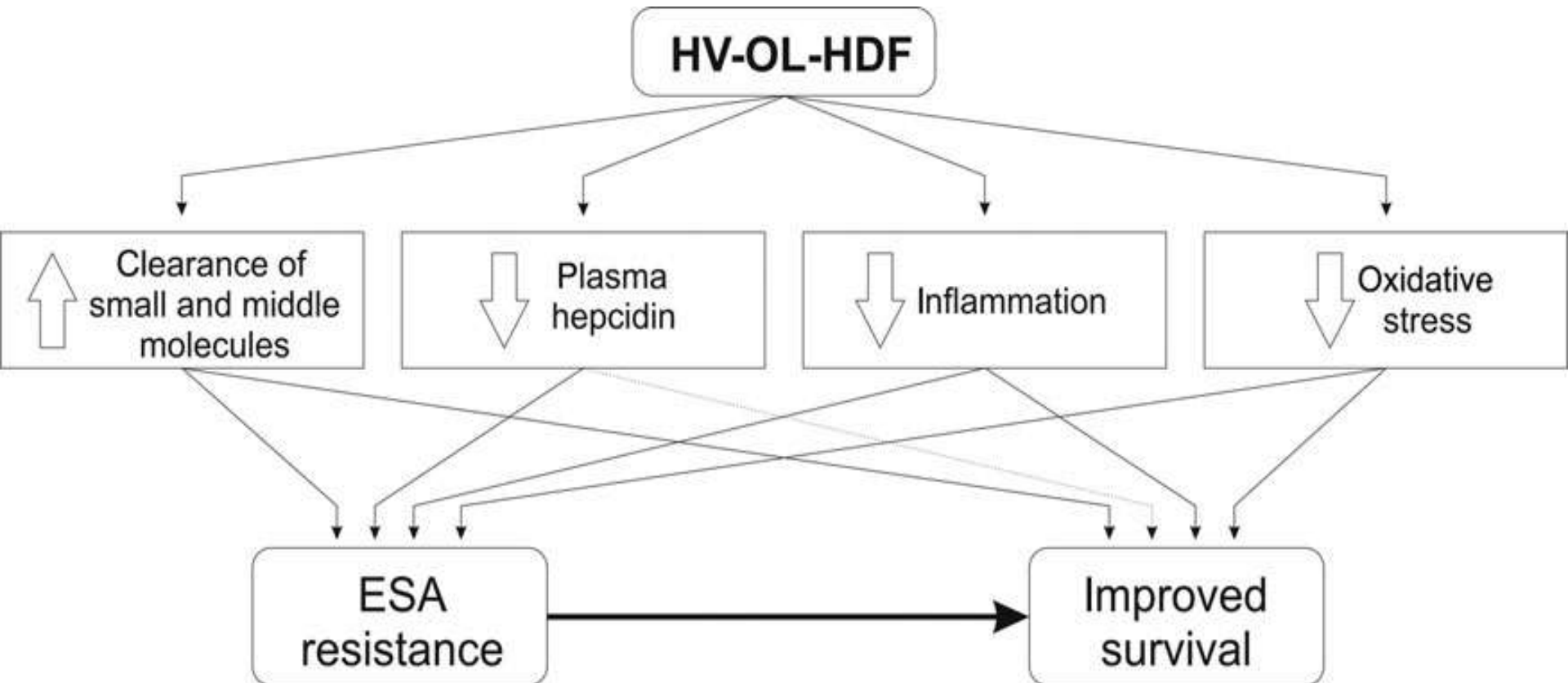
ESA Therapy and HD Modality

ESA Response and HDF



Nephrol Dial Transplant (2015) 30: 682–689

ESA Response and HDF





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ESA Therapy and PRCA

ESA Therapy: Pure Red Cell Aplasia



Hindawi Publishing Corporation
Case Reports in Transplantation
Volume 2015, Article ID 286276, 5 pages
<http://dx.doi.org/10.1155/2015/286276>

Case Report

Anti-Erythropoietin Antibody Associated Pure Red Cell Aplasia Resolved after Liver Transplantation

Annie K. Hung,¹ Jennifer Guy,² Caroline M. Behler,³ and Eugene E. Lee¹

¹Department of Internal Medicine, California Pacific Medical Center, San Francisco, CA 94115, USA

²Department of Hepatology, California Pacific Medical Center, San Francisco, CA 94115, USA

³Department of Hematology Oncology, California Pacific Medical Center, San Francisco, CA 94115, USA

ESA Therapy: Pure Red Cell Aplasia

CEN Case Rep

DOI 10.1007/s13730-015-0196-8

CASE REPORT

Successful treatment of a hemodialyzed patient with pure red cell aplasia associated with epoetin beta pegol therapy with cyclosporine

Keiji Hirai¹ · Susumu Ookawara¹ · Haruhisa Miyazawa¹ · Kiyonori Ito¹ ·
Yuichiro Ueda¹ · Yoshio Kaku¹ · Taro Hoshino¹ · Shun-ichi Kimura² ·
Izumi Yoshida¹ · Sachiko Kakuta³ · Yoshiyuki Morishita¹ · Kaoru Tabei¹



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ESA Therapy and Cancer

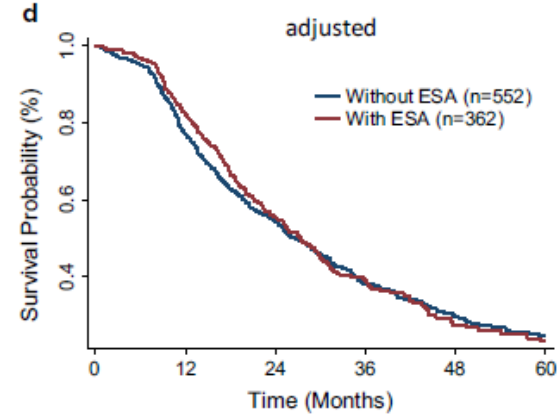
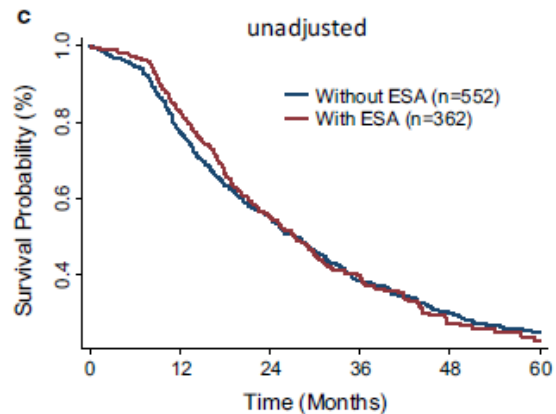
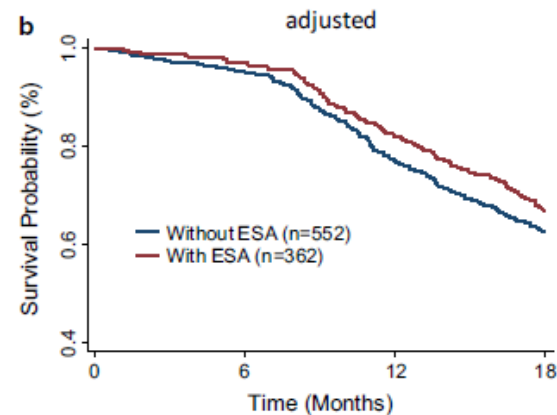
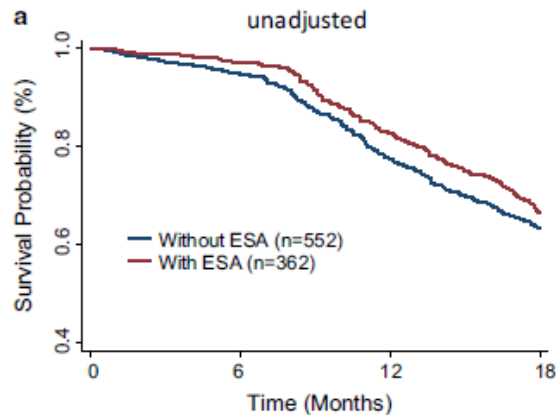
ESA Therapy and Chemotherapy Associated Anemia

EPIDEMIOLO

The effects
and long-term
receiving c

Yinzhi Lai¹ · Zh
Zhaomei Mu³ · I
Hushan Yang¹

Received: 4 August 2
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-term



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ESA Therapy and Progression of CKD

Anemia Control: Effect on CKD Progression

Original Article

Complications

Diabetes Metab J 2015;39:240-246

<http://dx.doi.org/10.4093/dmj.2015.39.3.240>

pISSN 2233-6079 · eISSN 2233-6087

dmj

DIABETES & METABOLISM JOURNAL

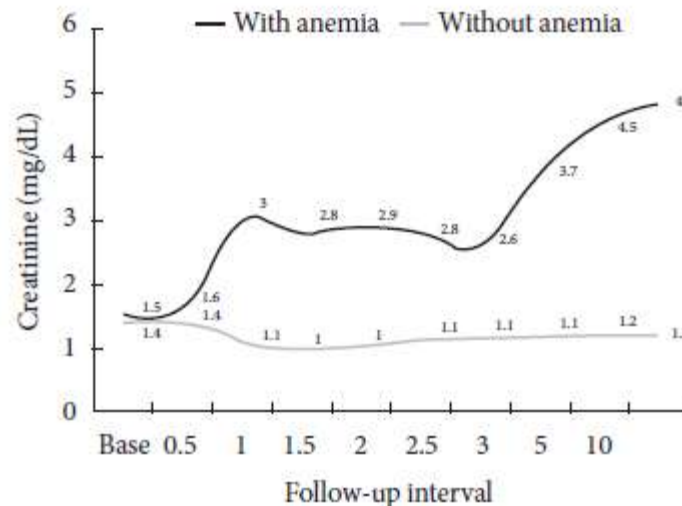
n130 T2DN Korean

The Relationship between Anemia and the Initiation of Dialysis in Patients with Type 2 Diabetic Nephropathy

Sun Hee Kim, Kyung

Division of Endocrinology
National University Hospital

Chonbuk National University-Chonbuk



Anemia Control: Effect on CKD Progression

N297 CKD

ORIGINAL ARTICLE

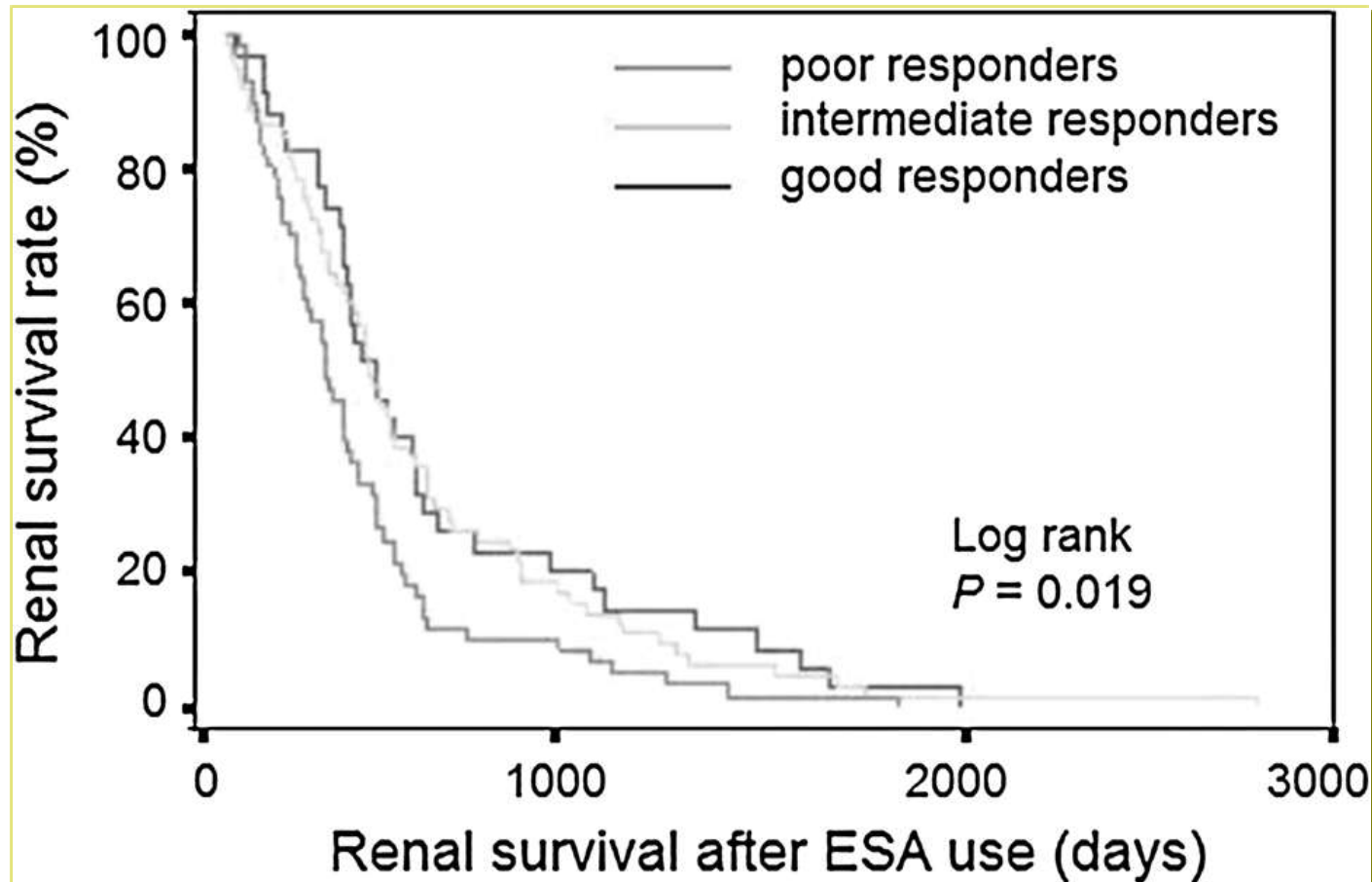
Responsiveness to erythropoiesis-stimulating agents and renal survival in patients with chronic kidney disease

Michio Kuwahara • Shintaro Mandai •
Yuri Kasagi • Keita Kusaka • Tomomi Tanaka •
Satomi Shikuma • Wataru Akita

Anemia Control: Effect on CKD Progression



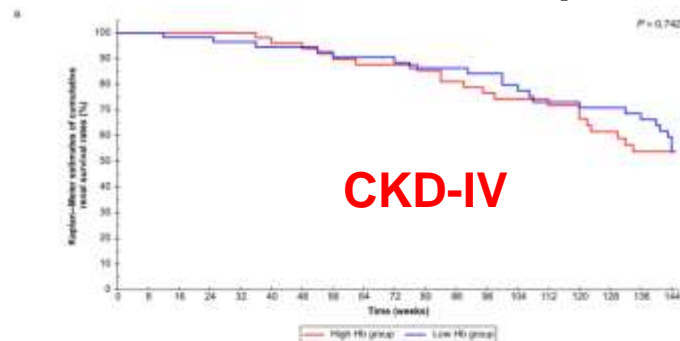
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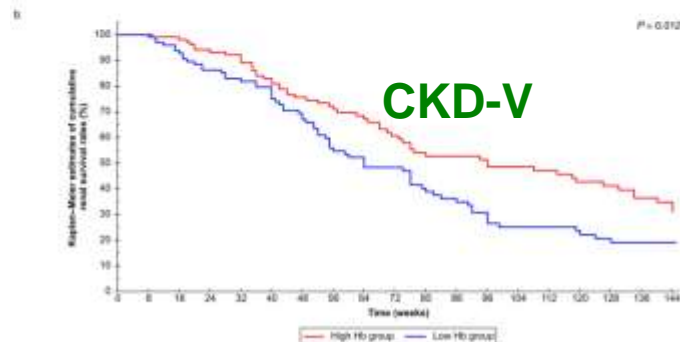
Clin Exp Nephrol (2015) 19:598–605

Anemia Control: Effect on CKD Progression

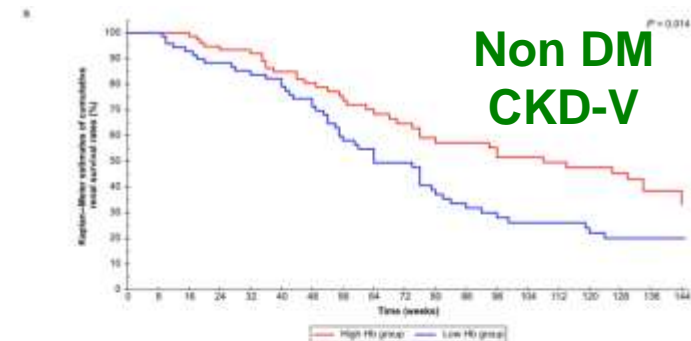
From RCT, 321 ND-CKD



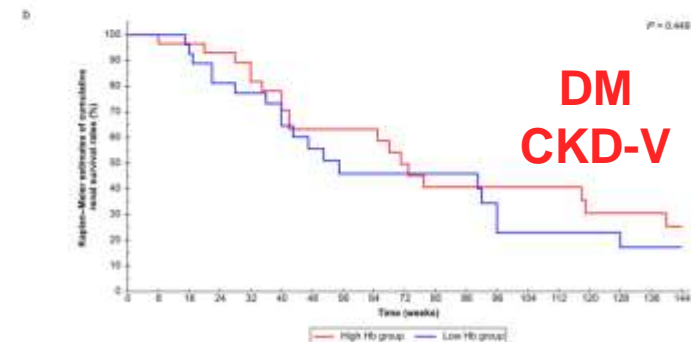
Time	0	8	16	24	32	40	48	56	64	72	80	88	96	104	112	120	128	136	144
High Hb group Number of subjects	55	54	54	53	52	47	46	42	41	41	38	36	34	31	29	27	24	21	13
Low Hb group Number of subjects	60	59	58	54	50	48	46	45	43	42	41	40	39	36	33	32	31	29	20



Time	0	8	16	24	32	40	48	56	64	72	80	88	96	104	112	120	128	136	144
High Hb group Number of subjects	106	104	102	95	89	79	69	58	52	48	38	36	33	33	28	26	24	8	
Low Hb group Number of subjects	100	98	87	79	73	65	55	44	39	35	29	26	21	17	17	15	13	13	11



Time	0	8	16	24	32	40	48	56	64	72	80	88	96	104	112	120	128	136	144
High Hb group Number of subjects	76	76	75	68	65	59	51	42	36	35	30	30	29	29	26	22	20	15	8
Low Hb group Number of subjects	72	71	65	57	54	52	46	35	30	33	21	16	15	13	13	11	9	13	8



Time	0	8	16	24	32	40	48	56	64	72	80	88	96	104	112	120	128	136	144
High Hb group Number of subjects	30	28	26	26	23	20	19	16	14	11	9	9	8	8	8	8	8	8	1
Low Hb group Number of subjects	26	23	25	22	19	16	12	9	8	8	8	8	8	8	8	8	3	2	2

Therapeutic Apheresis and Dialysis 2015; in press

Anemia Control: Effect on CKD Progression

PREDICT (Enrolled 498 non DM- CKD)

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ORIGINAL ARTICLE

Rationale and study design of a randomized controlled trial to assess the effects of maintaining hemoglobin levels using darbepoetin alfa on prevention of development of end-stage kidney disease in non-diabetic CKD patients (PREDICT Trial)

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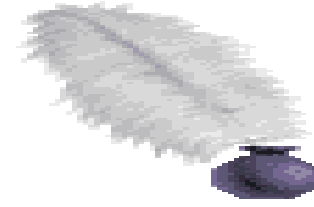
5Whats...

- What is this ... FOR?
- What is the Evidence: VALIDITY?
- What is the Relevance: UTILITY?
- What is the RISK:BENEFIT?
- What is the COST:BENEFIT?

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Center



لا يَسْتَطِيعُ دِفَاعَ مَكْرُوهِ أَتَى
قَدْ كَانَ يُرَى مِنْهُ فِيمَا قَدْ مَضَى
جَلَبَ الدَّوَاءَ وَبَاعَهُ وَمَنْ اشْتَرَى

- إِنَّ الطَّبِيبَ بِطَبِّهِ وَدَوَائِهِ
- مَا لِلطَّبِيبِ يَمُوتُ بِالدَّاءِ الَّذِي
- ذَهَبَ الْمُدَاوِي وَالْمُدَاوَى وَالَّذِي